

What's Happening?



February 2026
Trinity Hill
Methodist Church

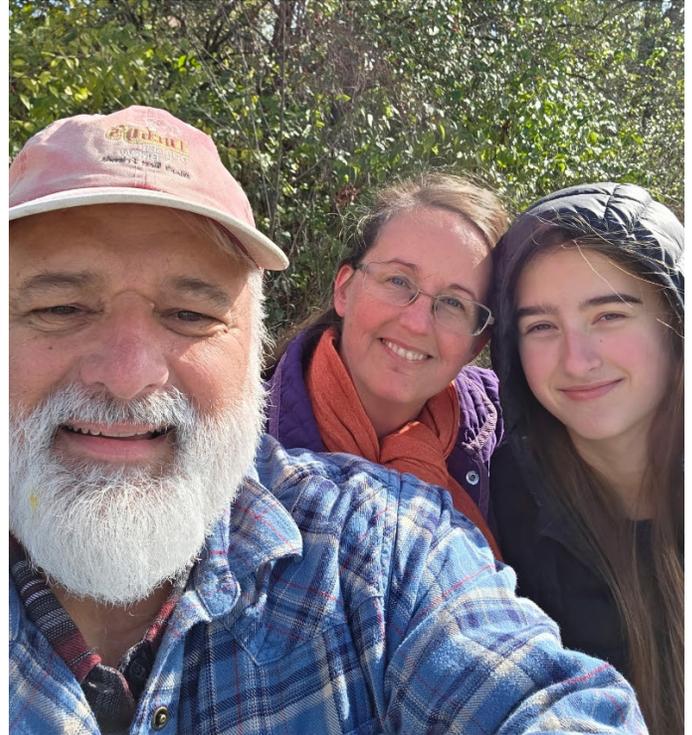
From Your Pastor

One of the old Puritans, Thomas Watson, said there are four things Christians should study: Christ, the Scripture, our own hearts, and Satan's schemes. Satan's schemes are where we are so susceptible! He wrecks our lives in so many ways. He wants to drag us off into captivity. And he is really good at it, and we are terrible at fighting him off. We cave so quickly. He lies to us, we believe it. He brings terrible pain into our lives and we start to doubt God's power and goodness. He tempts us, and we give in. Like Job and his friends, we do not seem to know to take Satan into account for many of the problems in our lives.

Satan's schemes run the gamut from making us feel like we are the worst, that we are the only ones who have messed up the way we did, and there's no help to be found; to the temptation to sin, because God is not capable of bringing us joy, peace, comfort, and security; all the way to seeing the suffering in the world and thinking if that is how the godly suffer, better not to be godly. Whatever kind of lie or discouragement or temptation we face from Satan, what do we do? Perhaps more importantly, do we recognize that the discouraging lies and temptations come from Satan?

That is where Thomas Brooks' wisdom comes in. We study Christ. We study the Scriptures. What does God say? What has He done for us in Jesus Christ? And then we must decide that we will believe what God says, what Christ has done, not what Satan is tormenting us with!

It is important that we also study our hearts, to know that the human heart is deceitful above all things and desperately sick—Jeremiah 17:9. "That doesn't sound helpful, Pastor. Sounds like exactly what Satan is trying to discourage me about!" But if you know the heart



for what it is, you can also take God's Word for the remedy, to get a new heart from Jesus! It is very important that we know the answer to our problems is not to be found within us—not more willpower, not a better way of coping, not new resolutions—the answer is to be found in what God has done for us in Jesus Christ.

So when we hear Satan's lies, what do we do? How do we combat his aggressive discouragement? We turn to the Word. In James 1:5, the Word says, if any of us lack wisdom, ask the Lord. He will be glad to give it. And indeed, He has, abundantly in His Word. Ask God what is the trouble facing you, and ask Him to show you in His Word how to overcome temptation, trial, and trouble.

In Christ,
Aaron

A Word from the SPRC Chair, Ben Bowman

Greetings

Trinity Hill Family! My name is Dr. Benjamin Bowman (Ben), and I have attended Trinity Hill for close to six years. From 2010 to 2018, I served as a missionary educator in the Czech Republic with TeachBeyond. From 2018 to 2022, I served as the Associate Director of Global People Services for TeachBeyond serving nearly 1100 missionaries in 60 countries in that role (which is akin to the director of HR). I hold a Bachelor of Science in secondary social studies education from Asbury University, a Master of Divinity from Asbury Theological Seminary, and a Doctor of Education in Organizational Leadership and Christian Mission from Grand Canyon University. I am the CEO and founder of Outside The Box Consulting, and I provide leadership training, professional development, and leadership mentoring for organizations around the world. I have worked with leaders in countries including Russia, the United Kingdom, Germany, South Africa, Vietnam, Brazil, Canada, and the United States. In my spare time, I enjoy painting, music, and time with friends and family.

I am pleased to serve as your SPRC chair. I began this role on January 1, 2026, and I can tell you that the SPRC has hit the ground running. However, this is not the first time the SPRC has hit the ground running. The SPRC has done lots of wonderful and challenging work over the past few years. Under the skilled leadership of our previous Chair, Mattea Van Zee, the SPRC graciously lead us through the disaffiliation process as we left the United Methodist Church and became Global Methodist. We hired new staff, saw staff move from part time to full time, bid farewell to some staff, and begun the process of initiating aligned HR processes that guide the staffing procedures at Trinity Hill. It has been an incredibly busy past three years, and I want to thank Mattea and all those who served on the SPRC over the last three years under her leadership! Without their work and leadership, we would not be in the amazing position we are in to make disciples for the Kingdom!

Now, we begin a new chapter for the SPRC at Trinity Hill! As our vision statement calls us to do, we, on the SPRC, are committed to making disciples through the way that we engage our staff daily. Here is how we are accomplishing our role in the vision that we have for



Trinity hill:

1. On January 4th, the SPRC and staff met together, and we began the process of pairing an SPRC member with a staff person to be the shepherd of that staff person. An SPRC shepherd provides encouragement, support, and resourcing for that staff person to achieve the goals that they have for 2026. They meet with one another monthly to review goals, discuss any needs for their ministry area, and to pray for one another.
2. Setting goals has been a priority from the very beginning of this year. Each staff member has set a minimum of two goals for themselves as individuals for 2026. In turn, they have met with their volunteer teams to set goals for the ministry area that they oversee for 2026. In doing this, they are discipling their volunteers and raising up leaders who will become the next generation of leaders in that ministry area.
3. Hiring a church plant intern has been the goal of pastor Aaron for some time, and he has worked with the Multiplication Team to budget for and prepare for such a time as this. On January 22, 2026, the SPRC approved the hiring of Josh Barker as the very first, and first of hopefully many, church plant interns. The role of church plant intern is to work very closely with our senior pastor to develop a plan, funding, and team to plant a church. This position is

one which will take our vision of making disciples and multiply it into the community and world.

4. We will meet two more times with our staff as an entire group to provide professional development and re-sourcing opportunities for them. As an SPRC committee, we will meet four more times this year, so there will be lots of community building among our committee and the staff.

This new phase of equipping, encouraging, and empowering our staff is off to a marvelous start! I hope that each one of you will take time to meet our new staff members, encourage all our staff as they live into their ministry areas, and get plugged in as volunteers where God leads you.

For more information, or if you have questions about the SPRC, feel free to send me an e-mail at the e-mail address below. May God bless each one of you, and may he bless the ministry of each one of our staff members as we all seek to make disciples for him!

With gratitude,
Ben

Dr. Benjamin Bowman, EdD
Chair, Trinity Hill SPRC
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Article Submissions for Monthly Newsletter

Need to share something with our Trinity Hill church family in the next month?

Have a ministry or mission and you want to share moments or areas where God is working in your life?

Ready to connect and help us with our vision statement and mission to make disciples?

Contact Joshua Chamblee, our church admin, and submit articles to trinityhill@trinityhill.org before the middle of the month to review and include in our next edition!



WINTER WAKEUP
A Mini-VBS

Feb 19-22
PRE-K THROUGH 5TH GRADE

Free to participate!
Join us each day.

The banner features a cartoon bear in a striped nightgown and nightcap, standing in a snowy winter landscape with evergreen trees. The text is set against a dark purple circular background.



Trinity Hill
Methodist Church **KIDS**

3600 Bates Creek Road
Lexington, Kentucky, 40517
TRINITYHILL.ORG/WINTERWAKEUP

The logo includes a stylized graphic of a church steeple inside a circle.

SIGN UP TODAY!

